



Health and Wellness  
**Healthy Relationships Subcommittee**

**The PPSD Healthy Relationships Subcommittee strives to help PPSD improve the health of students, deliver exemplary sexual health education, and raise awareness and understanding about inclusivity; positive, violence-free relationships; and safe, supportive environments for all students and staff.**

- The PPSD Healthy Relationships Subcommittee is one of the 3 subcommittees that comprise the district Health and Wellness Committee. All RI school districts are required by [RI state law \(16-21-28\)](#) to establish a district wellness committee as a subcommittee of the full school committee (school board).
- District wellness committees are chaired by a member of the full school committee and will make recommendations regarding the district's health curriculum and instruction, physical education curriculum and instruction, and nutrition and physical activity policies to decrease obesity and enhance the health and well-being of students and employees.

**2019-2020 PPSD Healthy Relationships Subcommittee Goals**

- 1) Define, communicate and build awareness about Healthy Relationships Subcommittee and the work the Subcommittee is involved with or promotes.
- 2) Increase the presence and engagement of stakeholders, including Health teachers, parents, families, students, and school/district administrators.

**MINUTES**

**Health and Wellness Healthy Relationships Subcommittee Meeting  
Planned Parenthood, 175 Broad Street, Providence**

June 13, 2019

**CONVENE MEETING**

1. The meeting was called to order at 4:03 PM

Subcommittee Members Present: Co-Chair Krista D'Amico (RICADV), Co-Chair Jennifer Quigley-Harris (PASA & RIHSC), Jolayemi Ahamiojie (RIDOH), Spenser Anderson (BRUSHE), Ana Berrou (Student/Young Voices), Brittany Huffman (PPSNE), Sara Monteiro (PPSD), Rachel Newman Greene (HCO), Solight Sou (PPSD), Rose Molina (Guest, PPSD)

## **APPROVE AGENDA**

2. Approve Agenda as presented

**A motion was made to approve the agenda as presented**

**MSV – Huffman, Monteiro (10-0) MOTION APPROVED**

## **APPROVE MINUTES**

3. Approval of May 9, 2019 Minutes

**A motion was made to approve the minutes**

**MSV - Newman Greene, Monteiro (10-0) MOTION APPROVED**

## **SUBCOMMITTEE UPDATES**

4. Welcome and introductions

5. Review mission and goals

Krista and Jennifer alerted the group to the new minutes' template showing Subcommittee history, relationship to larger H&W Committee, and current goals. This will be on all minutes in a top box feature moving forward. It can serve as reminder for the group at each meeting and could be used as an outreach piece when recruiting new members or informing others about the Subcommittee's work.

## **PRESENTATIONS**

6. Rose Molina, LICSW & Ana Berrou, Kindness Crew at JSEC

Presented about Kindness Crew history and work. A core group of 16-18 students with an additional 15 or so participate in Kindness Crew endeavors at school and beyond. They were featured at this year's PVDfest. Rose shared a wonderful video showcasing their efforts (<https://www.youtube.com/watch?v=-Qk0YKymxRk>). She noted that they are trying to become a 501c3, and are working on developing a professional development session for other school staff who want to develop a similar initiative at their school. Rose welcomes outreach, ideas, or questions (rose.molina@ppsd.org). Discussion followed about Kindness Crew and connections with healthy relationships work, support of one another, and importance of student voice. A handout for additional information was provided.

## **PLANNING**

7. Discuss Resource Guide Distribution Plan

Providence Healthy Communities Office printing of the promotional piece is in progress. The Subcommittee decided to table the distribution plan discussion for a meeting in August to better roll out cards and information for the start of the new school year. Rachel mentioned DownCity Design summer project may be able to help with distribution ideas. Sara mentioned PPSD Partner Orientation on August 20<sup>th</sup> as a possible outlet.

8. Announcements

Sara shared information on the Summer Learning Program/summer camps for families through the City of Providence and PPSD. All programs are free of cost and focus on enrichment. Sara also shared information on the Kidsbridge Summer Learning Program through Inspiring Minds, working with rising kindergartners and focusing efforts on preparing the students for the first year of school with an emphasis on SEL. Handouts for additional information were provided.

Sara shared dates and times for Restorative Practices in Providence Public Schools sessions on June 18<sup>th</sup> and June 21<sup>st</sup>.

Krista shared the RICADV's new public awareness campaign focusing on the role men have to play in preventing domestic violence.

Rachel and Solight let Subcommittee know that PBS Newshour was in town this week filming a segment on the menstrual products project. Students were interviewed, including Subcommittee member Litzy Feliz. Once more information on the segment release is known, they will share with the Subcommittee.

Brittany mentioned a student from the Met who will be working on a campaign next school year trying to reduce the stigma of menstruation among the school community. The Subcommittee may want to partner with her efforts to develop a similar campaign in PPSD schools.

**SCHEDULE OF REMAINING MEETINGS FOR 2019**

Standing meetings are the second Thursday of every month, 4-5 p.m. at PPSNE, as follows:

- **There is no meeting in July**
- **August 8th**
- **September 12th**
- **October 10th**
- **November 14th**
- **December 12<sup>th</sup>**

**ADJOURN**

9. Adjourn Meeting

**A motion was made to adjourn the meeting at 5:02 PM**

**MSV- Newman Greene, Berrou (10-0) MOTION APPROVED**