



## MINUTES

### Health and Wellness Healthy Relationships Subcommittee Meeting Planned Parenthood, 175 Broad Street, Providence, RI 02903

April 25, 2019

#### CONVENE MEETING

1. The meeting was called to order at 4:02 PM

Subcommittee Members Present: Co-Chair Krista D'Amico (RICADV), Co-Chair Jennifer Quigley-Harris (PASA & RIHSC), Matthew Sucuqui (student, Young Voices), Sita Traore (student, Young Voices), Jolayemi Ahamiojie (DOH), Spenser Anderson (BRUSHE), Connor Brown (AIDS Project RI), Joanna Brown (WellOne & RI School Physician), Rachel Newman Greene (HCO), Michelle Soto (PPSNE), Solight Sou (PPSD), Gabe Mernoff (student alum)

#### APPROVE AGENDA

2. Approve Agenda as presented

**A motion was made to approve the agenda as presented  
MSV – Anderson, Traore (12-0) MOTION APPROVED**

#### APPROVE MINUTES

3. Approval of March 28, 2019 Minutes

**A motion was made to approve the minutes  
MSV - Anderson, Traore (12-0) MOTION APPROVED**

#### SUBCOMMITTEE UPDATES

4. Welcome and introductions
5. Announcements and updates

**The PPSD Healthy Relationship Subcommittee strives to help PPSD improve the health of students, deliver exemplary sexual health education, and raise awareness and understanding about inclusivity; positive, violence-free relationships; and safe, supportive environments for all students and staff.**

- The PPSD Healthy Relationships Subcommittee is one of three subcommittees that comprise the District Health and Wellness Committee. All RI school districts are required by [RI state law \(16-21-28\)](#) to establish a district wellness committee as a subcommittee of the full school committee (school board).
- District wellness committees are chaired by a member of the full school committee (school board) and will make recommendations regarding the district's health curriculum and instruction, physical education curriculum and instruction, and nutrition and physical activity policies to decrease obesity and enhance the health and well-being of students and employees.

### **2019-2020 PPSD Healthy Relationships Subcommittee Goals**

1. Define, communicate, and build awareness about Healthy Relationships Subcommittee and the work that the Subcommittee is involved with or promotes.
2. Increase the presence and engagement of stakeholders, including Health teachers, parents, families, students, and school/district administrators.

Connor – Saturday 6/1 is Stride for Pride 5K through APRI; connect with Connor for details

<http://aidsprojectri.org/stride-for-pride-and-show-your-true-colors-at-aids-run-walk-for-life/>

Krista handed out copies of RICADV's 2018 Annual Report. Also announced that the recruitment period is open for Ten Men, a statewide initiative of the RICADV that engages male community leaders to prevent domestic violence: [www.ricadv.org/tenmen](http://www.ricadv.org/tenmen)

### **PLANNING**

#### 6. Identify action steps for Subcommittee members

Spent time reviewing page one of Action Steps spreadsheet. Will review page two at the next meeting and vote to approve.

Spreadsheet was created by Co-Chairs through review of meeting minutes, SWOT analysis, new and past goals, based on direction from H&W Chair. Will serve as a tracking tool for subcommittee work, a tool to create shared ownership of activities, and a document that can be shared with H&W Committee for a snapshot of where subcommittee is and where the work is headed. Can help keep work of subcommittee sustainable through future Co-Chair transitions.

Possible additions to spreadsheet:

- Overall:
  - How will we bring our Healthy Relationships vision to elementary schools? Children witnessing violence and unhealthy relationships in our communities
  - City of Providence to help raise visibility in some way? Resolution?
- Resource Guide section:
  - Increase dissemination beyond Health teachers – all teachers, counselors, front office; Solight mentioned weekly roll-out to secondary schools
  - How will we make updates, ensure links work? Subcommittee members in the past have offered intern support; aim to review once or twice a year
  - For Resource Guide itself – should we add brief section of content within each topic with basic information? – Potential future action step; is the Resource Guide a directory or should it contain some resource information in itself?
  - Subcommittee started to brainstorm distribution plan; will continue next meeting
    - Social media (visual, video, youth and partner social media platforms?)
- Policy & Curriculum section:
  - RIHSC workshop for School Committee members on Sexual & Reproductive Health & Policy, November 2019; encourage PPSD School Board to attend

#### 7. Review Resource Guide promotional card design

Thanked subcommittee member Gaby Trevino (BRUSHE) for volunteering to draft the design of the piece for subcommittee review and discussion.

Subcommittee feedback:

- Loved that the design is inclusive of all gender identities and sexual orientations as well as race neutral.
- Consensus that white over the eyes makes figures look like astronauts; may look cleaner without the eyes in a smaller version, good to have options.
- Text on front of card is somewhat hard to see/read. Gaby will revise to make it more visible. Black, bold, different font?
- Text on back will be revised based on suggestions from subcommittee to make more youth-friendly.
- We are waiting to find out the size of the card before finalizing the design on the back. May just be black text on white background.
- Suggestion to add a QR code for linking to Resource Guide
- Can/should we add a PPSD logo to card?

Next steps:

- Gaby will make revisions for next meeting, when we will vote on final version.
- Rachel will check on budget & card specs (size, quantity, double-sided full-color printing)
- Solight will check on translation for text, quantities, and logo usage

#### **NEXT MEETING**

Back to 2<sup>nd</sup> Thursday of every month, 4-5PM at PPSNE

- May 9<sup>th</sup>
- June 13<sup>th</sup>
- July break

Will schedule remaining 2019 meetings at May meeting

#### **ADJOURN**

8. Adjourn Meeting

**A motion was made to adjourn the meeting at 5:05 PM**

**MSV- Brown, Anderson (12-0) MOTION APPROVED**

*Meeting minutes submitted by Quigley-Harris*