



MINUTES

Health and Wellness Healthy Relationships Subcommittee Meeting Classical High School, Health Classroom 770 Westminster Street, Providence, RI 02903

March 28, 2019

CONVENE MEETING

1. The meeting was called to order at 4:12 PM

Subcommittee Members Present: Co-Chair Krista D'Amico (RICADV), Co-Chair Jennifer Quigley-Harris (PASA & RIHSC), Malaysia King (Sojourner House), Joyce Bernau-Enriquez (PPSD), Peter Chung, Matthew Sucuqui, Sita Traore, Rashel Cruz, Ana Berrou (Young Voices), Steve Cohen (PPSD), and Priscilla Sena (RIDOH)

APPROVE AGENDA

2. Approve Agenda as presented

A motion was made to approve the agenda as presented
MSV – Bernau-Enriquez, King (11-0) MOTION APPROVED

APPROVE MINUTES

3. Approval of February 14, 2019 Minutes

A motion was made to approve the minutes
MSV - Quigley-Harris, Traore (11-0) MOTION APPROVED

SUBCOMMITTEE UPDATES

4. Welcome and introductions-

5. Health & Wellness Committee March 27th meeting update - Krista D'Amico

Updated on H&W Committee meeting from 3/27/19

KD shared YRBS 2017 Rhode Island data on teen dating violence and interconnected health risk behaviors with Committee.

KD gave update and overview of Subcommittee past goals and current focus.

Gabi from BRUSHE is working on a promotional card for the Resource Guide for Subcommittee to review. All voices, especially youth, encouraged to provide feedback.

Meeting to take place in April or May with H&W Chair Bobby Gondola, School Board Policy Advisor Yvonne Graf, Wellness Coordinator Solight Sou, and Co-Chairs re: Wellness Policy addendum. JQH to look at curriculum for highlights of Policy coverage.

6. Update on brainstormed action items from the February meeting-

Since folks who were at the February meeting were not present for the March meeting, Krista turned over discussion to youth: What are they currently working on at Young Voices? What would they like Subcommittee to focus on? Where is there overlap?

- As PPSD leadership changes, how will this impact Subcommittee/district’s prioritization of healthy relationships? Discussion of H&W/Subcommittee structure and purpose. Making sure policy and curriculum are aligned. The more meaningful work we do, the more we/the district can justify the need for this Subcommittee/focus.
- If there are mandates about what needs to be in place, Young Voices wants to have understanding of what those are, what they can do to move them forward.
- Discussion around quality of Health Ed in district, not having a whole year of Health Ed at secondary level
- Sojourner House is working in the schools, how to have relationships with everyone that are healthy (not just dating partners). Steve shared how valuable Sojourner House educator has been for his students.
- Discussion around racial equity, how we all view ourselves and others, unconscious bias, how we can have positive relationships as students/teachers
- RIDOH work on Violence and Injury Prevention – making environments safer, culture change for healthy relationships
- JSEC Kindness Campaign; other schools in district have similar initiatives
 - How can the Subcommittee build on this? Help students spread the word, how this connects to healthy relationships & SEL
 - Environmental changes, e.g., Announcements – students often tune them out, they can be loud and not pleasant to listen to; TV screens with colorful announcements would be better; students who arrive late would still be able to access the information.
- Young Voices students’ work connects to focus of other 2 Subcommittees: Kindness Campaign (SEL); Phys Ed & Food in schools (Physical Activity & Nutrition) – how can we support these connections?

7. Announcements

Priscilla handed out flyer re: Signed X event at State House on 4/5 at 3 PM

Matthew talked about Maker Spaces in community libraries – teaching different skillsets

PLANNING

8. Discussion relative to developing handout for outreach

In the discussion along with item number five.

NEXT MEETING

Thursday, April 25th, 4-5 PM – back at PPSNE location

Going forward, 2nd Thursday of the month, 4-5 PM:

- **Thursday, May 9th**
- **Thursday, June 13th**

ADJOURN

9. Adjourn Meeting

A motion was made to adjourn the meeting at 4:56 PM

MSV- Chung, Cruz (11-0) MOTION APPROVED

Meeting minutes submitted by Quigley-Harris