



## MINUTES

### Health and Wellness Healthy Relationships Subcommittee Meeting Planned Parenthood, 175 Broad Street, Providence, RI 02903

February 14, 2019

#### CONVENE MEETING

1. The meeting was called to order at 4:05 PM.

Subcommittee Members Present: Co-Chair Krista D'Amico (RICADV), Co-Chair Jennifer Quigley-Harris (RIDE & RIHSC), Sara Monteiro (PPSD), Michelle Soto (PPSNE), Rachel Newman Greene (Prov HCO), Solight Sou (PPSD), Jolayemi Ahemiojie (DOH), Spenser Anderson (BRUSHE), Gabriela Trevino (BRUSHE), Connor Brown (AIDS Project), Johnson Thomas (Day One)

#### APPROVE AGENDA

2. Approve Agenda as presented

**A motion was made to approve the agenda as presented**

**MSV – Soto, Newman Greene (11-0) MOTION APPROVED**

#### APPROVE MINUTES

3. Approval of December 13, 2018 Minutes

**A motion was made to approve the minutes**

**MSV - Soto, Newman Greene (11-0) MOTION APPROVED**

#### SUBCOMMITTEE UPDATES

4. Welcome and introductions

5. Announcements and updates from subcommittee members

Krista shared Teen Dating Violence Awareness Month campaign "Love Is Not Control," developed by RICADV in partnership with PPSD and others.

Krista shared Teen Ice Skating event on February 26th – free for ages 13-21.

Connor shared positive outcome of connecting with a Health teacher through Subcommittee contact and how that led to AIDS Project RI doing a presentation at Highlander Charter School in Warren.

Solight shared district SEL campaign materials.

#### PRESENTATIONS

6. Teen Dating Violence in Rhode Island - Krista D'Amico

We briefly discussed the data due to time constraints. Data comes from most recent (2017) Youth Risk Behavior Survey (YRBS) data in Rhode Island. YRBS is based on random sampling of schools statewide.

DOH analyzed the data for RICADV to look at disparities as well as interconnectedness of health risk behaviors, including issues related to violence, safety, substance use, and mental health.

## PLANNING

### 7. Discussion relative to Resource Guide promotion

Resource Guide outreach – HCO has offered to use funding to print business card-like piece to share the link to the Resource Guide and what it is/how it can be used.

- We already have the language for this on the RG itself, just need a graphic to help make it stand out.
- Gabriela (BRUSHE) volunteered to draft; Krista and Jennifer will then seek input from students on the design
  - Note: Connor offered connection with design group that does APRI materials; highly recommends, if needed.
- Subcommittee will further discuss plan for more effective outreach of RG in general. (NEARI website? Jola)

### 8. Discussion relative to Wellness Policy addendum

Wellness Policy amendment

- There is concern that it might get lost in the larger Wellness Policy and be an odd fit since the rest of policy focuses on nutrition and physical activity.
- Should the amendment be a stand-alone instead?
- Solight and Sara will review other policies from district to see if there would be a better match for placement or a model to create a new stand-alone policy.

### 9. Review new goals for subcommittee

- 1) Define, communicate, and build awareness about Healthy Relationships Subcommittee and the work the Subcommittee is involved with or promotes.**
- 2) Increase the presence and engagement of stakeholders, including Health teachers, parents, families, students, and school/district administrators.**

Discussion about goals and activities:

- How do we raise awareness of the HR Subcommittee? How do we recruit Health teachers?
- Revisit teacher survey results to identify professional development opportunities
- Resource Guide outreach needs to expand
  - PPSD Office of Partnerships monthly meetings – use to coordinate outreach? Subcommittee presentation (April?)
  - Solight's meetings with district groups; represent Subcommittee; would like materials to share
  - School Nurse Conference in March; coordination with Linda Mendonca? (School Nurse Coordinator, DOH)
  - Materials for outreach can include Resource Guide link (<http://bit.ly/PPSDHealthyRelationshipsResourceGuide>), Resource Guide business card, handout with contact names of Co-chairs
- What is the role of Subcommittee members?
  - Aligned with defined role of H&W Committee as outlined in the PPSD Wellness Policy: advising on curriculum; assisting with development & implementation of policy in the schools, assessing implementation

10. Review 2019 meeting schedule

Next HR Subcommittee meeting March 21 or March 28

Krista and Jennifer will check in with students re: meeting schedule/student attendance.

3/27/19 will be next Health & Wellness Committee meeting for the district. All are invited to attend if interested.

**ADJOURN**

11. Adjourn Meeting

**A motion was made to adjourn the meeting at 4:56 PM**

**MSV- Brown, Sou (11-0) MOTION APPROVED**

*Meeting minutes submitted by Quigley-Harris*