

# PPSD Healthy Relationships Subcommittee

## Healthy Relationships Resource Guide

**Access the Resource Guide:** [bit.ly/PPSDHealthyRelationships](http://bit.ly/PPSDHealthyRelationships)

Also available through the City of Providence [Healthy Communities Office](http://providenceri.gov/healthy-communities/providence-public-schools-wellness) website  
<http://providenceri.gov/healthy-communities/providence-public-schools-wellness>

### ***What Is It?***

- Extensive directory of relationship and sexual & reproductive health topics aligned with the PPSD Health Curriculum
- Online sources of information about professional community organizations working on promoting healthy relationships and sexual & reproductive health

### ***Who is it for?***

- Middle and high school teachers, students, school nurses, guidance counselors, social workers, other school health professionals
- Adolescents or anyone who supports adolescents—coaches, youth development program staff, community organizations, parents/guardians, & families

### ***How can I use it?***

- Share the link! With students, school nurses, counselors, and other school health professionals and colleagues
- Supplement the health curriculum by including updated and relevant information from the online and community-based resources found in the Guide.
- Develop classroom assignments around learning how to navigate through the Guide.
- Directly connect with local professionals who can work with students, be guest speakers in classrooms, and/or provide your school with resources and services.
- Add the Guide and/or local organizations and trainers to professional development sessions.

This [Resource Guide](#) was developed to help PPSD improve the health of students, deliver exemplary sexual health education, and raise awareness and understanding about inclusivity, positive, violence-free relationships, and supportive environments for all students and staff.

## **Want more information about Healthy Relationships?**

Join the PPSD Healthy Relationships Subcommittee, part of the District Wellness Committee! Students, staff, parents, administrators, and community members are all welcome.

Contact the Subcommittee Co-Chairs:  
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